

PHM 843: Ambulatory Patient Care Advanced Pharmacy Practice Experience

Site Preceptor: Nicole Paolini Albanese, PharmD, CDE, BCACP

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OVERVIEW

Expose students to patient care in a Patient Centered Medical Home (PCMH) environment working closely with physicians, mid-levels and case managers.

GOALS

- 1. Provide an environment for students to learn about the management of chronic disease states like diabetes, hyperlipidemia and hypertension that are frequently encountered in an ambulatory care setting.
- 2. Design drug therapy regimens and monitor for safety and efficacy.
- 3. Develop clinical and pharmaceutical care skills needed to manage and monitor patients and to make appropriate recommendations or changes to drug therapy
- 4. Develop Drug Information skills in a practical fast-paced environment

OBJECTIVES

Upon completion of this experience, the student should be able to:

1. List signs/symptoms of, explain diagnostic and monitory parameters for, and develop an appropriate treatment regimen for the following disease states/medical conditions (this list is not all inclusive)

Hypertension Hyperlipidemia

Diabetes CAD

- 2. Evaluate, develop, implement and monitor therapeutic outcomes associated with a treatment plan for patients
 - a. Understand how and why to individualized treatment goals
 - b. Understand how to interpret laboratory and patient data
 - c. Develop advanced patient assessment skills
 - d. Conduct Medication Therapy Management
 - e. Conduct Medication Reconciliation
 - f. Develop a drug management plan for patients
- 3. Identify and use drug information resources to facilitate providing timely information to other healthcare professionals and patients
 - a. Know the available sources for clinical useful drug information
 - b. Apply the drug information to obtain positive outcomes for patients/healthcare staff
 - c. Use communication skills to appropriately tease out the exact drug information question
- 4. Use verbal communication skills and presentation skills to present patients to preceptor daily
- 5. Conduct patient education sessions
 - a. Provide education to patients surrounding carbohydrate counting/diet/exercise

- b. Provide education to patients surrounding device technique
- c. Provide education to patients surrounding medications

DAILY PRIORITIES

- Patient follow-up via the "call log"
- Patient Care
 - o Present patients to preceptor *prior* to their scheduled appointment
 - Conduct patient visits
 - Device training
 - Diet/exercise counseling
 - Medication counseling
- Drug Information
- Quality Improvement Projects
- Medication Reconciliation post-Hospital Discharge
 - Buffalo Medical Group patients who were recently discharged from the hospital get a
 phone call from a Pharmacy Team Member to answer any drug related questions and
 ensure appropriate drug therapy.
- Medication Therapy Management

EXPERIENCE

• Students with previous experience in retail tend to have an easier time multi-tasking in this highpaced environment.

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Advanced Pharmacy Practice Experience

PHM 847: Elective 1 Direct Patient Care (6 credits)

OR

PHM 848: Elective 2 Direct or Non-Direct Patient Care (6 credits)
Elective Ambulatory Care PCMH

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OVERVIEW

Students will be exposed to the Pharmacists role in population management in a Patient Centered Medical Home (PCMH).

GOALS

- 1. Examine the role of population management on chronic disease outcomes like hyperlipidemia, diabetes, and hypertension.
- 2. Examine the role of formulary management and the economic impact on day-to-day drug therapy decisions
- 3. Act as the conduit between patients and physicians to promote safe, effective and cost-beneficial drug therapy.
- 4. Improve drug information skills in a fast paced environment.

DESCRIPTION OF PROJECTS

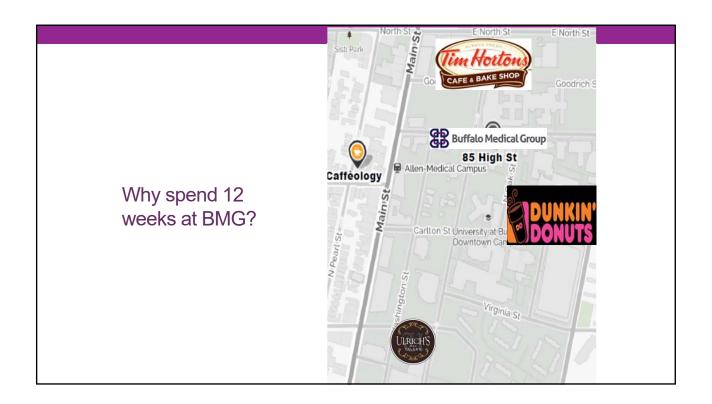
During this rotation, you will be working on the following longitudinal projects:

- 1. Medication Reconciliation post-Hospital Discharge
 - a. Buffalo Medical Group patients who were recently discharged from the hospital get a phone call from a Pharmacy Team Member to answer any drug related questions and ensure appropriate drug therapy.
- 2. Medication Therapy Management
 - a. As a member of the Primary Connections team, BMG works closely with Independent Health to promote Medication Therapy Management in a clinically safe and effective, as well as cost-effective manner.
 - b. Quality Improvement Projects aimed at improving HEDIS measures as well as STAR ratings.
- 3. Program Metrics
- 4. PCMH Research
 - a. The student may have the opportunity to work on an on-going research project

BUFFALO MEDICAL GROUP, P.C. LONGITUDINAL EXPERIENCE

Nicole P. Albanese, PharmD, CDCES, BCACP Michael Burns, PharmD

















If that wasn't enough to win you over...



Seriously...

- •12 weeks
 - Satisfies your CORE Ambulatory Patient Care requirements and 1 elective (patient care)
- GREAT preparation for residency
- •GREAT if you want to learn more about diabetes
- GREAT if you want to work in an outpatient setting
- GREAT if you want to make an impact with patients

What will you do for 12 weeks?

- Patient Care
 - One-on-one counseling/education (in person)
 - Telephone follow-up
 - Design drug therapy regimens
 - Monitor and manage insulin therapy
 - CMRs
 - Adherence/Motivational Interviewing
 - Outcomes tracking
 - •MTM

What will you do for 12 weeks?

- Practical Drug Information
- Journal Club
- Disease topic discussions
- Quality Improvement Projects
 - PCMH High Cost High Utilization patients
 - CPC+ and MIPS
 - HEDIS
 - Independent Health
 - Adherence
 - Diabetics not on a statin
 - CMRs

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